

The Sick:

Xenna Gooch is still struggling with blood pressure problems. It was good to have her back at the services last week.

Larry Neville has been experiencing some blood pressures problems, heart problems and back pain due to a ruptured disk and degenerative disk disease.

Also, continue to remember those who are recovering from surgery & illness and those who continue to struggle with physical infirmity, including: **Ronald Miller**, Larry's father, **Burton Brown**, Bettye's brother, **James Tanksley**, **Billie Keller**, **Pansy Hensley** and **Lucille Hall**, Ethel Wohlrabe's mother.

News & Notes:

--**Group 2** will meet today in the Library after the morning service.

--**Fred Duggin and Elaine Cothan** have requested the prayers of the congregation and have expressed their desire to be identified with the members at Perry Heights. Their address is 624 B Maplewood Lane, Nashville, TN 37216, phone 262-0773, e-mail: fduggin@comcast.net. Labels are available in the lobby for your use in updating your directory.

“Set your mind on things above, not on things on the earth.” Colossians 3:2


What is He to You?

Jesus Christ is light to the eye, honey to the taste, music to the ear, and joy to the heart. To the believer, He is fairer than the fairest, sweeter than the sweetest, nearer than the nearest, dearer than the dearest, richer than the richest, and better than the best. Jesus is our sole hope as well as our soul's hope. He lived that He might die, and died that we might have life eternal. Jesus is the only Savior and desires to be all in your life or nothing.

What is he to you?

“...For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.” Romans 8:38-39

ELDERS: Doug Driver
Johnny Felker
DEACONS: Ralph Brown
Mark Claypool



Service Times

SUNDAY
Bible Study—9:00 am
Worship—9:55 am & 6:00 pm

WEDNESDAY
Bible Study 7:00 pm

Perry Heights Weekly Bulletin

Perry Heights church of Christ
423 Donelson Pike
Nashville, TN 37214
(615) 883-3118

*“...let us consider how we may encourage one another”
Heb. 10:24*

September 6, 2009

What Every Teenager Should Know

You might suppose that any real effort to give an answer to this statement would take more than one article. Yet, certain truths can be compressed into some very small packages. I plan to suggest four things that I believe are important for any person in their teenage years to know and remember.

First, I encourage you to enjoy your years of youth as much as you can. I assure you, life is worth living and it is worth living well! The wise man gives this same advice in Ecclesiastes 11:9-10. We all know about the problem our country has with teenage suicide. In fact, it is one of the leading causes of death among teenagers. Why should young people be given over to such despair? Believe me, I know how very difficult those adolescent years can be. But much of the difficulties are self-produced. Your life can be wonderful and can become much better as you grow older and mature. Make wise decisions about your life by having your conduct guided by God's word.

The second observation is a direct result of the first. Just as our sense of enjoyment comes from doing right, shame comes from doing wrong. Our second lesson is: a lifetime of shame and heartache can be the product of one hour of sin. Sometimes young people, especially young men, can have a very nonchalant attitude about their sins. What they don't realize is that they will change emotionally as they mature. Actions that do not bother you now will haunt you the rest of your life as you come to maturity and understand how really horrible sin can be. Melvin Curry told a story one time that illustrates this point. This little story has always stuck with me because it is a picture of my life. There was little boy who would not submit to his parents and continued to behave in a bad fashion. As a last resort, his father decided to nail a nail in his son's bedroom wall every time he did something wrong. At first the little boy thought it was quite comical to have nails hammered in his wall; however, he eventually got so many nails that they became a serious problem. Whenever he laid down, he would hurt his head on a nail. When he and his friends tried to play in his room, they would bruise themselves on all the nails. Finally, he made a deal with his dad that for every good deed he did his dad would remove one nail. After a long time, and many good deeds, the day came when his dad pulled out the last nail. The little boy

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Preacher's Pen points

Taming the Storms of Life (Adolescence—Another Perspective)



What are some of the challenges of adolescence?

Many physiological _____

Powerful _____

Pressures of _____

_____ to sin

Exposure to the “real” _____

What are the goals of adolescence?

To achieve true _____

To accept and respect your _____

To establish healthy _____ with others

To develop a clear sense of _____

To discover your interest, talents, and life _____

To develop your own personal _____ and value system

Things that will help you get there

Seek out reliable sources of _____ (Prov. 23:22-23)

Remember that becoming _____ is not the same as being a _____
(Lk. 2:51)

Choose friends based on _____, not _____ (1 Cor. 15:33; Prov. 29:3)
_____ and take _____ of your body (1 Cor. 6:19-20)

Choose your sources of _____ wisely (Prov. 4:23)

Set limits on _____ with those of the opposite sex (1 Tim. 4:12)

Find your joys and _____ and pursue them with _____ (Eccl. 11:9; 9:10)

Remember your _____ (Eccl. 12:1, 13-14)

Young people have great value to the church; and they can accomplish great things for the Lord. Make us proud!

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thought this would be the greatest day of his life, and for a moment, it was. Then he began to notice how bad all the nail holes looked. His walls were a mess. He mentioned this to his father and his father gave a very wise response. He said, “Son, I am glad to be able to pull all the nails out, but you are going to have to live with the holes that they leave.” You and I both know that we can be forgiven of our sins, but we still live with the holes sin leaves in our lives. Don’t do something now that you will regret as long as you live!

Our third observation is: once you win a reputation, it is hard to change it. What you are now in character is the way people will speak of you and remember you for many years to come. Mark Twain once said, “A man who gets a reputation for rising early can sleep late for the rest of his life.” Twain is simply indicating how a person can be thought of in a certain way no matter how his habits have changed. Your reputation may not mean much to you now, but it will mean a great deal to you in the future. Honesty, moral purity, and discipline are marks of integrity that will place your name in high esteem among others. Guard your reputation; you will have it for a long time.

The final lesson will be the one that is taught in the last part of Ecclesiastes 11:9: “Rejoice, young man, during your childhood, and let your heart be pleasant during the days of your manhood. And follow the impulses of your heart and the desires of your eyes. Yet know

that God will bring you to judgment for all these things.” I have already encouraged you about the first part of this verse. It is the last line that we look at now. Do you realize that the only way to have real meaning in life is to be responsible? And yet responsibility is impossible without accountability. If we are never going to be called to give an account for life, then life actually has no meaning. God made us responsible and gives us meaning by calling us to accountability for our actions. You should be honored that you will stand before Him in judgment. Man alone among all the creatures of creation must give an answer for his behavior. Conduct your life with that coming judgment in mind.

Life is worth living. Sin can leave damage that cannot be repaired in this life. Work hard to produce a good reputation. Remember that you will meet Jesus in judgment. I believe every teenager should know these four things. Have a great life!

--David Barnes, *Christianity Magazine*

“Blessed is the man who trusts in the Lord, and whose hope is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit” Jeremiah 17:7-8.