

SERVING IN WORSHIP

February 17, 2019

Sunday Morning Worship

Call to Worship

Hebrews 3: 12-14

Stanton See

Song Leader

Dennis Blanton

First Prayer

Brandon Graves

Presentation

Stanton See

Lord's Table

Larry Miller * Michael Pittman

Nathan Graves * Steve Tomlinson

Speaker

Johnny Felker

Prayer & Announcements

Barry Cary

Usher: Walter Culbreth

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Sunday Evening Worship

Call to Worship: Psalm 139: 7-12

Nathan Graves

Song Leader

Larry Miller

First Prayer

Michael Pittman

Speaker

Johnny Felker

Lord's Table

Doug Driver

Prayer & Announcements

Barry Cary

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Remember in Prayer The Sick

Amy Hall, Heather Blanton's sister, is currently at home undergoing cancer treatments. Her health continues to slowly decline. Cards can be sent to Amy Hall, 550 E. 7th Street Salem OH 44460.

Frankie Patterson is currently at the Vanco Manor Nursing Home and Rehab facility (813 S. Dickerson Rd. Goodlettsville, TN 37072) ..

Brian Mitchell, Eva's husband, continues to make slow progress in his rehab treatments following his stroke. His speech is now at about 75% of where it needs to be. He is walking a bit better, but they are still waiting for his right arm to "wake up". Cards can be sent to: Brian Mitchell, 320 N. Shawnee Blvd., Jackson, MO 63755.

Johnny;s **aunt Shelby** remains about the same at this time following a skull fracture.

Marty Haselsen, Carol Badacour's sister-in-law has been diagnosed with a kind of intestinal cancer and has begun oral chemotherapy. She will take these pills for a month and then return for an evaluation.

Derrick Pittman, nephew of Barry Phillips underwent surgery this past Thursday for kidney cancer. It will take about a week to determine exactly what treatment is indicated.

Erin Mathias, niece of Karen Miller, has been returned to her former medicine for treatment of epilepsy and is a bit better. Doctors have recently approved the use of CBD oil for Erin's specific type of seizures, so that is in the works.

Let us continue to remember our ailing church & family members, and our shut-ins, with our fervent daily prayers.

Shirley Miller (Larry's mother), Dennis Stepp (Dennis Blanton's brother-in-law) Ernestine Reed, Janett King, Clara Burkett, David Smith, Chelsea Gilliam(a friend of Betty Copley), Susie Kaiser, Susie Martell, (friend of Shirley Ford), Paige Toxey, Elbert Jacks (Brandon Graves' grandfather), Dottie Reed (Anita Carmen's mother), Jason Cummings (Amy Pittman's brother), Judy Cannizzaro, Keith Barclay (a friend of Betty Copley's), and Vernice Sharpe (Shirley Ford's sister).

News & Notes

Group 3 will meet today in the Library after the morning service.

—BIRTHDAYS—

No birthdays this week

ELDERS: Doug Driver, Johnny Felker

DEACONS: Ralph Brown, Mark Claypool

Perry Heights Weekly Bulletin

Perry Heights church of Christ
423 Donelson Pike
Nashville, TN 37214 (615) 883-3118
www.perryheights.falthweb.com

"...let us consider how we may encourage one another"
Heb. 10:24

Service Times:

Sunday Bible Study at 9:00 A.M. Worship 9:55 A.M. & 6:00 P.M. Wednesday Bible Study at 7:00 P.M.

February 17, 2019

Encouragement

In his book, *Becoming a Person of Influence*, John Maxwell tells about an experiment conducted by psychologists to measure people's capacity to endure pain.

The experiment involved barefooted people standing in a bucket of ice water. They discovered one thing that made it possible for some people to stand in the ice water twice as long as others.

Encouragement was the key factor.

When another person was present offering support and giving encouragement the sufferers were able to endure pain much longer than their unencouraged counterparts. Maxwell observed that "when a person feels encouraged, he can face the impossible and overcome incredible adversity."

A reader recently asked ThePreachersWord to write about the Las Vegas shootings from the context of the book of Job which (**we did last week**). However, one part of his question involved what to say to a shooting victim or their family.

The specific response would depend upon several factors. However, generally any time a friend faces adversity, hardship or heartbreak, they are in need of encouragement. Lots of encouragement.

The narrative of Job is a case study on what not to do if you want to help a hurting friend. His wife did not encourage him. She said, "Curse God and die" (Job 2:9).

Initially, his three friends came and offered encouragement. They offered comfort. They wept with him. They expressed grief through the custom of tearing their robes and sprinkling dust on his head. And they just sat with him for 7 days and said nothing. Then they opened their mouths!

MEMORY VERSE: I JOHN 1: 19

Preacher's Pen points

The Benefits of Daily Encouragement

“But encourage one another day after day, as long as it is still called “Today,” lest any one of you be hardened by the deceitfulness of sin.” (Hebrews 3:13)

* * * *

The Importance of Praising Others

Praise is a basic human n_____ (Prov. 15:23; 16:24; 3:27; 13:12).

The Holy Spirit used praise to s_____ NT Christians (Ac. 11:24; Phil. 2:20, 22).

Praising others is another way of t_____ the truth! (Mt. 16:17; Is. 50:4; 2 Tim. 4:2).

We are commanded to use our language to e_____ others (Eph. 4:29; Col. 4:6; Prov. 12:25).

The ability to praise is essential to our own personal j_____ (Phil. 4:8).

How to Effectively Praise Others

P_____ (Think of something that is unique to that person.)

R_____ (Focus on others and observe their efforts.)

A_____ (Consider the impact of your words upon them.)

I_____ (Use the occasion to offer further words of encouragement.)

S_____ (Describe their praiseworthy quality with specific terms.)

E_____ (Don't assume that someone knows how you feel. Tell them!)

Meeting the challenge

Make it a goal to express a sincere compliment to someone every day.

Consider written messages as well as spoken messages.

Each of us has an unlimited storehouse of wealth that will enrich and lift the spirits of others—the golden coin of praise power.

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Unfortunately, their words were of no comfort. Their speeches reflected a theological view that his suffering was the result of his sin. Job, in their view, as not as righteous as he seemed to be. But they were wrong.

However, even if they were correct in their assessment, this was not the time to tell Job that you are getting what you deserve. What Job needed was encouragement.

Dictionaries define encouragement as “the act of inspiring others with renewed courage; renewed spirit or renewed hope.” In the New Testament, the Greek word translated “encouragement” is from the word *parakalein*. It is a compound word. *Para* means “alongside of” and *kaleo* means “to call.” When someone comes alongside of him during a difficult time and offers a kind a word, strengthens our spirit and renews our hope, that’s encouragement.

William Barclay writes that the word was often used when sending soldiers and sailors into battle urging them to be courageous. He says, “A *Parakletosis*, therefore, an Encourager, one who puts courage into the fainthearted, one who nerves the feeble arm for fight, one who makes a very ordinary man cope gallantly with a perilous and dangerous situation.”

In our relationships with one another, the Bible commands, “And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient with everyone” (1Thess. 5:14).

Dr. David Jeremiah observed that “The body of Christ is a family whose members are to be mutually involved with one another. One of the one-another ministries God calls us to practice is the ministry of encouragement.”

Have you ever thought about encouragement being a ministry? A gift that you could employ to help others? Lighten their load? Lift them up from despair? Or offer hope when the situation seems hopeless?

Some people seem to have a special knack for encouraging others. Romans 12:6 speaks of using our different gifts according to God’s grace. In verse 8 Paul says, “if it is encouraging, let us encourage.” However, all of us should seek to be encouragers to the best of our ability. The Hebrew writer said, “But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin’s deceitfulness” (Heb. 3:13)

George M. Adams called encouragement “oxygen to the soul.” Nothing breathes new life into a discouraged person like an encouraging word or deed.

In times of stress, adversity, or disaster, the best thing you can do is to look for ways to be an Encourager.

—Ken Weliever, The Preacherman (October 9, 2017)