

## PSALM 22

### A psalm of lamentation

*Depending upon God for deliverance*

#### PREPARATION:

*Carefully read Psalm 22 seeking to answer these questions about the text:*

1. With what cry does the psalmist begin the psalm? (v. 1) The psalmist cries to God; but what does not come? (v. 1b-2)
2. Does the psalmist deny the holiness of God in all this? (v.3) Was God's failure to bring deliverance characteristic of the way He had treated faithful men like the psalmist's ancestors? (v. 4-5)
3. The psalmist describes himself as what? (v. 6) In what way does he suffer (v. 7-8).
4. Was the one suffering doing so because of wickedness on his part? What is the proof of this? (v. 9-10)
5. Was anyone present to come to the aid the suffering psalmist? (v. 11) How does he describe his enemies? (v. 12-13)
6. How does the psalmist describe his physical condition? (v. 14-15, 17) What do the enemies do with his garments (v. 18) What do they do to his hands and feet? (v. 16)
7. What is the psalmist's plea in v. 19-21?
8. From the despair of suffering, the psalmist presses on to express great faith. What does he say he will do? (v. 22) What does he urge others to do? (v. 23) Why? (v. 24)

9. What does the psalmist anticipate doing in v. 25? What blessings will the one who has been afflicted receive? (v. 26)
10. What effect would the Lord's deliverance have upon the earth? (v. 27) Why? (v. 28)
11. Who would worship the Lord? (v. 29) What would posterity do? (v. 30-31)

**KEY QUESTION:**

**Write in your own words below what you think is the main message of this psalm.**

**FOR CLASS  
DISCUSSION:**



**Historical and cultural setting**

1. What are "bulls of Bashan"? What are some other wild animals that might also attack their victim?
2. To what ritual does the psalmist refer when he speaks of paying his vows and eating? (cf. Lev. 7:16; Deut. 12:17-19)



**What does this psalm tell us about God & His people?**

**How does this psalm point to Jesus? (Cf. Mt. 27:46; Heb. 2:11-12) How many correlations can you find between this psalm and Jesus' experience?**

**How could the Christian apply the teaching of this psalm to his life today?**

