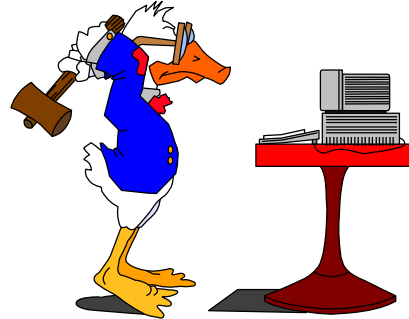


# Wisdom About Anger

Solomon obviously saw a lot of court cases that involved the misuse of anger. It caused him to express many wise sayings or proverbs about anger and how to deal with it. Let's consider some of his wisdom from Proverbs.



Look at these verses. What do they tell us about the quick-tempered person?

Proverbs 25:28  
Proverbs 14:17  
Proverbs 15:18

Proverbs 19:19  
Proverbs 29:11  
Proverbs 29:22

What did Solomon say about the person who is "slow to anger"? (14:29)

What advice did Solomon give in dealing with the anger of others? (15:1)

What things do you do to help control your own anger?